



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Clinical Psychology
Semester III (Batch 2022-2024)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MACLPSY 301	CC	Advanced Clinical Psychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objective (CEOs):

CEO1: Know the role of Clinical Psychologist in Different Fields.

CEO2: Familiarity with Different models & perspectives of clinical psychology

CEO3: Understand the Methods of Evaluating Clinical Intervention, Problems Involved in Evaluation of Clinical Intervention

CEO:4 Familiarity with the Application & practical approach in clinical psychology

CEO5: Remember the roles and functions of clinical psychologists.

Course Outcome (Cos): The students will be able to:

CO1: Understand the role of Clinical Psychologist in different areas.

CO2: Explore applied side of Clinical Psychology

CO3: Identify application & practical approach in clinical psychology.

CO4: Explore different career options in clinical psychology.

CO5: Identify various types of tests in clinical use.

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MACLPSY 301	CC	Advanced Clinical Psychology	60	20	20	0	0	3	0	0	3	

MACLPSY301
Advanced Clinical Psychology

Contents

Unit I

Introduction of Clinical Psychology: Meaning, Nature, Brief History, Development of Clinical Psychology in India, Role/Scope of Clinical Psychologist in Different Fields.

Unit II

Perspectives of Clinical Psychology: Motivational Perspective, Structural Perspective, Developmental Perspective, and Biological Perspective.

Models of Clinical Psychology: Psychodynamic Model, Behavioral Model and Learning Theory Model

Unit III

Clinical Assessment: Meaning, Nature, Components, Purpose, Stages/Process of Clinical Assessment.

Techniques of Clinical Assessment: Case Study Technique, Clinical Interview, Clinical Observation Technique.

Unit IV

Test in Clinical Use: Role of psychological test in psycho-diagnosis.

Different tests in clinical use: WAIS, MMPI, TAT. Rorschach test

Unit V

Clinical Intervention: Course, Methods, and Problems Involved in Evaluation of Clinical Intervention

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MACLPSY 301	CC	Advanced Clinical Psychology	60	20	20	0	0	3	0	0	3	

Suggested Readings:

- Korchin, S.J. (1976). **Modern Clinical Psychology**. CBS Publication, Delhi.
- Wolman, B.B. (ed.) (1975). **Handbook of Clinical Psychology**. New York: McGraw-Hill.
- Goldenberg, H. (1983). **Contemporary Clinical Psychology** (2nd Ed.) New York.
- Wolman, B.B. (1978). **Clinical Diagnosis of Mental Disorders: A Handbook**. N.Y. Plenum.
- Nietzel, M.T. Bernstein, D.A. & Misich, R (1998). **Introduction of Clinical Psychology** (5th Ed.). New Jersey: Prentice Hall.

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MACLPSY302	CC	Psychopathology	60	20	20	30	20	2	0	2	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

- CEO1: To understand the brain, and its role in human behavior.
- CEO2: To gain an understanding of normal vs abnormal sexual behaviors and disorders.
- CEO3: To learn about ways of preventing suicide and explore common myths about suicide.
- CEO4: To familiarize the process of diagnosis and psychodiagnostics testing.
- CEO5: To understand professional tasks performed by a clinical psychologist.

Course Outcomes (COs): The student will be able to:

- CO1: Explain the entirety of brain, and its structure and functions of the different parts.
- CO2: Evaluate different sexual behavior patterns and the issue of normality vs abnormality.
- CO3: Explain complex multidimensional factors that precipitate the likelihood of suicide.
- CO4: Elaborate intensive training acquiring professional skills and tasks.
- CO5: Classify psychological disorders as per the standard system of classification.

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MACLPSY 302	CC	Psychopathology	60	20	20	30	20	2	0	2	3

MACLPSY302
Psychopathology

Unit I

Role of Brain in Human Behavior; Neuropsychological Disorders- Major Domains and Testing Clinical Syndromes.

Unit II

Sexual Disorders- Normal Sexuality and Sexual Response Cycle, Sexual Dysfunctions, Paraphilic Disorders, Gender Dysphoria.

Unit III

Suicide Prevention- Definition, Psychological Autopsy, Etiology, Correlates and Measures to prevention.

Unit IV

Clinical Assessment, Evaluation and Psychodiagnostics; Mental Status Examination; Diagnostic Impression; Psychometric Methods.

Unit V

Models and Theories of Clinical Psychology Practice. Role of Ethics and Law- Rehabilitation Council of India (RCI), American Psychological Association (APA).

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MACLPSY302	CC	Psychopathology	60	20	20	0	0	2	0	2	3

List of Practical:

- Comprehensive Fear Scale
- Anorexia Test
- Sexual Attitude Scale
- Cornell Medical Index Health Questionnaire
- Mental Depression Scale

Recommended Readings:

- Barlow, D.H.& Durand, V.M. (1995). **Abnormal Psychology**. Brooks Cole Publishing Company.
- Barlow, D. H. & Durand, V. M. (1999). **Abnormal Psychology: An Integrative Approach**(2nd Ed). Pacific Grove: Brooks/Cole.
- Benjamin J. Sadock, Virginia Alcott Sadock, Pedro Ruiz (2015): **Kaplan & Sadock's Synopsis of Psychiatry** (11th Ed.)
- Buss. A. H. (1999). **Psychopathology**. New York: John Wiley.
- Bootzin, R.R.&Acocella, J.R. & Alloy, L.B. (6th Edition). **Abnormal Psychology**. New York: McGraw Hill.
- Carson, R. C., Butcher, J. N., & Mineka, S. (2001). **Abnormal psychology and modern life**(11th Ed.). New York. Allyn and Bacon.

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MAPSY303	DSE	Neuropsychology	60	20	20	0	0	3	0	0	3	

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objective (CEOs):

CEO1: To gain an understanding of the basics of the human nervous system.

CEO2: To explain the various methods of investigation in neuropsychology

CEO3: To explain different neuropsychological assessments.

CEO4: To outline different neurodegenerative disorders.

CEO5: To understand deficits and recovery in brain injury.

Course Outcome (Cos): The students will be able to:

CO1: Explain structure of nervous system and the process of neuronal communication.

CO2: Elaborate the underlying mechanisms in methods of investigations used in neuropsychology.

CO3: Develop a deeper understanding in areas of neuropsychological assessment and common neuropsychological tests.

CO4: Evaluate and differentiate between different neurodegenerative disorders.

CO5: Assess the concepts of brain injury and its classification and understand problems associated with stroke and its recovery.

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MAPSY303	DSE	Neuropsychology	60	20	20	0	0	3	0	0	3

MAPSY303
Neuropsychology

Contents

UNIT-I

Introduction to the Human Nervous System: Structure of Brain and Nervous System, Neuronal Communication

UNIT -II

Methods of investigations: Electrophysiological- Single cell recording, EEG and ERP; Scanning and imaging –CAT, PET, MRI, and fMRI.

UNIT-III

Neuropsychological assessment: Common Areas of Assessment, AIIMS Neuropsychological Battery, and PGI Battery of Brain Behavior Dysfunction.

UNIT-IV

Neurodegenerative disorders: Parkinson's, Alzheimer, Huntington

UNIT-V

Deficits, Recovery, Adaptation and Rehabilitation: Brain Plasticity, Brain Injury and its Classification, Stroke and Recovery.

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MAPSY303	DSE	Neuropsychology	60	20	20	0	0	3	0	0	3

Recommended Readings:

- Kolb, B., Whisaw, I. Q. (1990). **Fundamentals of neuropsychology**. New York: Freeman, W.H.
- Naatanen, R. (1992). **Attention and brain function**. Hillsdale: LEA.
- Parsuraman, R. (1998). **Attentive brain**. London: MIT Press.
- Boller, F. & Grafman, J, (1988) **Handbook of neuropsychology**. New York: Elsevier.
- Rapp, B. (Ed.) (2001). **The handbook of cognitive neuropsychology**. Chestnut Street: Psychology Press.
- Gazzaniga, M. S. (2002). **Cognitive neuroscience: The biology of mind**(2nd Ed.). New York: W. W.Norton & Company.
- Mukundan, C. R. (2007) **Brain experience; The experiential perspectives of the Brain**. New Delhi: AtlanticPublisher..

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MAPSY304	DSE	Workplace Psychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: To understand the theories of work psychology with respect to individual differences.

CEO2: To gain knowledge of methods of personnel selection.

CEO3: To understand attitude and behavior of people at work.

CEO4: To explain decision making in team and group and workplace stress.

CEO5: To understand organizational culture change, leadership, and career management.

Course Outcome (Cos): Students will be able to:

CO 1: Practice and research concepts of work psychology.

CO 2: Analyzing jobs, selection effectiveness in personnel selection.

CO 3: Assessing motivation behind attitude and behavior of people at work.

CO 4: Outline the workplace stressors, decision making in groups and team.

CO5: Evaluate organizational culture change, leadership, and career management.

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MAPSY304	DSE	Workplace Psychology	60	20	20	0	0	3	0	0	3	

MAPSY304
Workplace Psychology

Contents

Unit I

Introduction to work psychology, Theories and practice in work psychology, Individual differences.

Unit-II

Personnel selection: analyzing jobs, competencies, and selection effectiveness; Assessment methods.

Unit III

Assessing people at work, attitudes at work, work behavior and work motivation.

Unit IV

Decisions, groups, and teams at work; Stress in the workplace

Unit V

Leadership, career management, and understanding organizational change and culture.

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MAPSY304	DSE	Workplace Psychology	60	20	20	0	0	3	0	0	3	

Recommended Readings:

- Collins, S. (2009). **Managing conflict and workplace relationship**, 2nd edition, USA
- Edelmann, R. (2000). **Interpersonal conflict at work**, New Delhi Boland, M (2005) Sexual harassment in the Workplace, 1st Edition, USA
- Carroll, M. (2002). **Workplace Counselling** Sage Publications, New Delhi Gladding, S.L. (2010) Psychology A Comprehensive Professions. Pearson Publications, New Delhi.
- Rathus, S and Navid, J (2012). **Psychology and the Challenges of Life – Adjustment in the New Millennium**, John Wiley and Sons, USA
- Pareek, U. (2010). **Understanding organizational behavior**. Oxford: Oxford University Press.

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MAPSY305	DSE	Health Psychology	60	20	20	30	20	3	0	0	3

Legends:L-Lecture;T-Tutorial/TeacherGuidedStudentActivity;P-Practical;C-Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10marks.

Course Educational Objectives (CEOs):

CEO1: To be aware of the nature and significance of the emerging area of health psychology along with the importance of social psychological processes in the field of health psychology.

CEO2: To understand the relationship between psychological factors and physical health.

CEO3: To know and analyze the behavior of individuals and mental health management.

CEO4: To relate Health Psychology with the major concepts within the field, Health behaviors and stress.

CEO5: To develop understanding about health promotion and prevention.

Course Outcomes (COs):

CO1: Develop thinking to learn ways to improve quality of life.

CO2: Define and explain one or more key models, principles or theories in Health Psychology that are used to change health behavior.

CO3: Critically evaluate the role of psychological, social, and behavioral factors in health and illness.

CO4: Construct an understanding of the application of various strategies to cope with stress.

CO5: Identify various health promotion activities and describe the health prevention and control techniques.

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MAPSY305	DSE	Health Psychology	60	20	20	0	0	3	0	0	3

MAPSY305

Health Psychology

Contents:

UNIT-I

Introduction: Nature, Aim and Need of Health Psychology; Biopsychosocial Model of Health: Biomedical Model, Health Belief Model, Precaution Adoption Model, Traditional Indian Healing Systems, Health Care Network in India.

UNIT-II

Biological Foundations of Health and Illness: Brief Concept of The Nervous System, The Endocrine System, The cardiovascular system, The Respiratory System, The Digestive System, The Renal system, The Reproductive system, The Immune system.

UNIT-III

Stress and Coping: Nature, Types and Sources of Stress, Effects of Stress on Physical and Mental-health Stress and Illness, Management of Stress.

Coping Interventions.; Coping with Stress and Resilience, Coping Style, Problem-Focused Coping, Coping Outcomes and Interventions-Mindfulness and Mediation Cognitive-Behavioral Techniques.

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MAPSY305	DSE	Health Psychology	60	20	20	0	0	3	0	0	3

UNIT-IV

Health Behaviors: Health Behaviors and Health Habits, Changing Health Behaviors Through Social Engineering, Health-Promoting Behaviors: Exercise, Healthy Diet, Sleep ,Accident Prevention, Vaccinations and Screening.

UNIT-V

Research in Health Psychology: Conducting and Evaluating Research in Health Psychology, Health and wellness, Health-Compromising Behaviors: Obesity, Smoking, Alcohol Abuse Internet Addiction. Application of Health Psychology to Chronic Illness.

Recommended Readings:

- Allen, F. (2011). Health psychology and behavior. Tata Mc Graw Hill Edition.
- Dimatteo, M.R., & Martin L. R. (2011). Health psychology. India: Dorling Kindersley.
- Hamilton-West, K. (2010). *Psychobiological Processes in Health and Illness*. . Sage Pub. @ www.sagepublications.com
- Marks, D. F. (2010). *Health Psychology: Theory, Research and Practice (3rd Ed.)*. . Sage Pub. @ www.sagepublications.com
- Misra, G. (1999). Stress and Health. New Delhi: Concept
- Pitts, M., Phillis, K. (2003). *The psychology of Health; An introduction*. E-library: Taylor & Francis
- Taylor, S.E. (1991). *Health Psychology*. N.Y. McGraw Hill.

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Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Clinical Psychology
Semester III (Batch 2022-2024)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY306	P/D/I	Minor Research Project-I	0	0	0	30	20	0	0	6	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

*Teacher Assessment shall be based on the following components:

Quiz/Assignment/ Project/Participation inClass, given that no component shall exceed more than 10 marks.

MAPSY306
Minor Research Project-I

Course Educational Objectives (CEOs):

CEO 1: To train special degree the students in Counseling Psychology writing of their final year research proposals, with emphasis on research problems, hypotheses, literature review and research designs.

CEO 2: To enable the students to learn practical aspects of research.

CEO 3: To train the students in the art of behavioral science analysis and writing.

Course Outcomes (Cos): The students will be able to:

CO 1: Review and analyze critical research in a specific area of clinical psychology.

CO 2: Acquire knowledge and competency in the design and completion of research studies in counseling psychology.

CO 3: Explain and apply skills in critical analysis Learned in the classroom as well as through practical exposures methods and techniques of field research.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore